

# WNY Infant Toddler Resource Network Summer-Fall 2022 **PROFESSIONAL DEVELOPMENT CALENDAR**



WNY Infant Toddler Resource Network is pleased to offer these FREE training opportunities to center and home-based providers that care for infants and toddlers.

Trainings will take place in person or virtually.

Please check training details for location.

Trainings are conveniently offered in the evening or weekends.



Quality infant and toddler care begins with you!



# VIRTUAL TRAINING OPTIONS

Each of these topics will be delivered virtually via Zoom

To register visit:

<https://wnychildren.org/training>

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## July

26<sup>th</sup> - Protective Urges 6:30-8:30pm (topic areas 1, 3)

**Trainer:** Kim Puma

When caregiving policies & practices promote open communication and sensitivity to family's concerns, many problems can be avoided before they arise. However, the protective urges of both families and infant care providers/teachers can lead to heightened emotions and tense moments. Both can experience intense emotions of distrust and the inability to work collaboratively with one another. Infant care providers/teachers need to acknowledge and deal with these feelings in a constructive way. Come learn about the 4-step process developed by PITC to help sort out these emotional feelings.

## August

20<sup>th</sup> - ACES 201 8:30am-11:30am (topic area 10)

**Trainer:** Beth Faulkner and Jessica Textor

This training aims to broaden the state's understanding of ACE's and their impact on young children, their families, and the field of early childhood education. The 201-Level ACE Institute training for Child Care Providers and Educators is the second training in a series designed to broaden the awareness of the effects of ACE's. This workshop begins to unpack science-aligned interventions for both children and adults to create regulated spaces in child care programs. Providers will practice the key relational skills of co-regulation and reframing of behavior to strengthen a provider's response to children's stress behavior.

## September

17<sup>th</sup> - ACES 101 9am-12pm (topic area 10)

**Trainers:** Kim Puma, Maryann Ciskal

This training will increase your understanding of ACE's and their impact on young children, their families, and the field of early childhood education. The 101-Level ACE Institute Training for Child Care Providers and Educators is the first training in a series designed to broaden the awareness of the effects of ACE's on children. This is the foundational training in which providers will learn the basic brain science surrounding the ACE's research. In later training, providers will apply this knowledge and gain practical strategies for trauma informed practice in early childhood education and care

## November

5<sup>th</sup>- ACES 201 9am-12pm (topic area 10)

**Trainer:** Maryann Ciskal

This training aims to broaden the state's understanding of ACE's and their impact on young children, their families, and the field of early childhood education. The 201-Level ACE Institute training for Child Care Providers and Educators is the second training in a series designed to broaden the awareness of the effects of ACE's. This workshop begins to unpack science-aligned interventions for both children and adults to create regulated spaces in child care programs. Providers will practice the key relational skills of co-regulation and reframing of behavior to strengthen a provider's response to children's stress behavior.

*Zoom trainings are best taken on a desktop computer or laptop.*

*A microphone and camera are required to participate and receive training credit*

# IN PERSON TRAININGS

These trainings will be offered in person at various locations  
Please contact the Infant Toddler Specialist in your county for registration

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## Erie County

- **November 1<sup>st</sup>**

Full STEAM Ahead 6:30-8:30pm  
1000 Hertel Avenue Buffalo, NY

Come join us at a hands-on training to see how to incorporate STEAM lessons into your daily activities with Infants and Toddlers. STEAM is not just for preschool and school age! Let the little ones explore too!

## Chautauqua County

- **September 12<sup>th</sup>**

Foundation of Healthy Sexual Development 5:30-8:30pm Location: TBD

This training focuses on supporting the development of healthy relationships and secure attachments - the prerequisites for healthy sexual development. As this training is designed for infant and toddler providers, the majority of the training targets the actions of caregivers and their interactions with infants and toddlers - how those actions and interactions affect healthy relationship development. The training strives to shift the perspective of caregivers to help deepen an understanding of respectful relationships with the children in their care and takes time to build skills in this area.

## Genesee-Orleans Counties

- **July 16<sup>th</sup>**

ACES 101 (Adverse Childhood Experiences) 9am-12pm  
5073 Clinton St Batavia NY

- **October 15<sup>th</sup>**

ACES 101 (Adverse Childhood Experiences) 9am-12pm  
Location TBD

## Niagara County

- **August 9<sup>th</sup>**

ECE Stress Reduction: Taking Care of Ourselves 6-8pm

Providing care to young children is an intense and demanding job. Parents and teachers are under pressure to meet the demands of running a household/classroom, personal concerns, and responding to the child/children in their care. Stress is natural and can be inevitable, but stress can take a toll on your health and effectiveness as a parent or provider. This training will help you to understand stress, the role it plays in your lives, and how to identify and manage your stress.

- **October 4<sup>th</sup>**

Full STEAM Ahead 6-8pm

- **November 15<sup>th</sup>**

Container Baby Syndrome 6-8pm

This training is designed to help providers have an open and exploratory environment, demonstrate responsive caregiving, and review age appropriate materials and experiences. Understanding what container baby syndrome is and how the excessive use of containers (baby gear) can lead to developmental delays in babies will be discussed throughout the training.

*\*\*\*All Niagara County trainings will be held at:  
1521 Main Street Niagara Falls, NY 14305\*\*\**

# IN PERSON TRAININGS

## CONTINUED...

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### Allegany, Cattaraugus, Wyoming Counties

- **August 27<sup>th</sup>**  
Race with Infants and Toddlers 9:30am-1130am  
Wyoming County Ag Center, Warsaw, NY  
While this can be a tough topic to discuss in the world today, understanding when children first begin to recognize differences and how to build from where they are developmentally is important. Building awareness for ourselves, our beliefs, and learning how to encourage children in their understanding is key to a successful future. This training will look at when infants and toddler first are able to see differences and help providers to gain a better understanding of age-appropriate reactions, responses, and teaching.
- **August 31<sup>st</sup>**  
Mindfulness Matters 6-8pm  
Location: TBA  
Learn to incorporate calm and focus with your Infants and Toddlers. Explore ways to include mindfulness techniques for both you and the children your care for. Teach the children self-care and regulating skills early on. Training will also demonstrate how to use various mindfulness materials with Infants and Toddlers. Registration is limited.
- **September 14<sup>th</sup>**  
Race with Infants & Toddlers 6-8 pm  
Friendship Head Start Conference Room
- **September 24<sup>th</sup>**  
Developmentally Appropriate Practice 9am-12pm  
Location TBA  
Together we will identify the 5 key areas of DAP, discuss the roles of the Provider in supporting child development for each age group, look at how to ensure learning experiences that incorporate culturally relevant content that is supported by DAP, as well as exploring and observing routines, assessments and lessons plan to recognize DAP
- **October 5<sup>th</sup>**  
Foundations of Healthy Sexual Development for Infants and Toddlers, 6-8pm  
Friendship Head Start Conference Room  
This training focuses on supporting the development of healthy relationships and secure attachments - the prerequisites for healthy sexual development. As this training is designed for infant and toddler providers, the majority of the training targets the actions of caregivers and their interactions with infants and toddlers - how those actions and interactions affect healthy relationship development. The training strives to shift the perspective of caregivers to help deepen an understanding of respectful relationships with the children in their care and takes time to build skills in this area.
- **October 22<sup>nd</sup>**  
ACES 101/201 (Adverse Childhood Experiences) 9am-12:00pm and/or 12:30-3:30pm  
Friendship Head Start Conference Room  
This day is being offered for those providers that haven't yet attended ACES 101 and/or 201. We are offering both in one day. You can choose to attend both or only the session that you have missed. As 301 is set to be released soon, get yourself caught up!
- **November 9<sup>th</sup>**  
Full STEAM Ahead, 6-8:30pm  
Wyoming County Ag Center, Warsaw, NY

# WNY INFANT TODDLER RESOURCE NETWORK

## Supporting Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans and Wyoming Counties

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The Western New York Infant Toddler Resource Network is a regional network of Infant Toddler Specialists prepared to offer you high quality infant and/or toddler support with your licensed home or center-based program. Most of our services are free and can be accessed by contacting the Infant Toddler Specialist in your county.

### These services include:

- Environmental Rating Scales (ITERS/FCCERS)
- Coaching
- Free resources
- Developmentally Appropriate Guidance
- Navigating relationships with families
- OCFS regulation support
- And more!

In addition to our scheduled trainings, your Infant Toddler Specialist can also train your staff based on your specific training needs.

### Some training topics include:

- Infants and Toddlers and Teeth, OH MY! (Biting)
- I Missed You Today; Separation Anxiety with Infants and Toddlers
- Container Baby Syndrome
- Math and Science for Infants and Toddlers
- Mandated Reporting & Infant Head Trauma Training
- Supervision
- And more!

### Infant Toddler Specialists by County:

#### Erie County

Kim Puma [kpuma@wnychildren.org](mailto:kpuma@wnychildren.org)

716-877-6666 ext. 3090

Maryann Ciskal [mciskal@wnychildren.org](mailto:mciskal@wnychildren.org)

716-877-6666 ext. 3043

#### Niagara County

Kelly Janese [kjanese@niagaracap.org](mailto:kjanese@niagaracap.org)

716-285-8572 ext. 104

#### Chautauqua County

Beth Faulkner [bfaulkner@chautopp.org](mailto:bfaulkner@chautopp.org)

716-661-9430 ext. 2295

Jessica Textor [jtextor@chautopp.org](mailto:jtextor@chautopp.org)

716-336-8176 ext. 3230

#### Genesee-Orleans Counties

Linsey Vallett [lvallett@caoginc.org](mailto:lvallett@caoginc.org)

585-300-3195

#### Allegany, Cattaraugus, Wyoming Counties

Josie Virkus [jvirkus@accordcorp.org](mailto:jvirkus@accordcorp.org)

585-268-7605 ext. 1226